



News Notes

Scholarships – The Society of American Military Engineers Honolulu Post is offering two \$2,500 scholarships. Applications and additional information are available on the SAME Web site at <http://posts.same.org/honolulu/>. For more information, call LCDR Dustin Hamacher at 843-3871.

Books needed – Hickam Friends of the Library is seeking donations of quality used fiction and non-fiction books for re-sale to help fund Hickam Library programs. They are also seeking donations of quality used bookshelves. Donations can be dropped off next to Building 1711 behind the Airman's Attic. Arrangements can be made for a representative to pack and pick up donated bookshelves. For more information or to join the electronic mailing list, call Todd Parish at 422-3927 or e-mail hickamfriends@hotmail.com.

CPR and first aid classes – An American Red Cross CPR and first aid instructor course is scheduled for Saturday and Sunday. For more information, call 449-0166.

Road construction – Vickers Avenue will be blocked at 5th Street May 3 to 5. Two-way traffic will be detoured to Worthington Avenue through 3rd and 5th Streets. Drivers should watch for construction signs and a flagman. There will be no street parking along the detour route. For more information contact Larry Maru at Lawrence.Maru@hickam.af.mil or 449-2964 or Master Sgt. Art Simon at Arthur.Simon@hickam.af.mil or 449-3502.

Education survey – All of Team Hickam is invited to complete the

See NEWS NOTES, A5

In this week's Kukini



Hickam Men take championship B1

Around the Air Force A6
Classifieds B8-B10
Crossword B4
Movies B4
Perspective A2
Services A7
Sports B1

Tamayo recognized at banquet

By Senior Airman Sarah Kinsman
Kukini Editor

Staff Sgt. Scott Tamayo, 15th Contracting Squadron, was named Pacific Air Forces Airman of the Year for 2004 during the PACAF Outstanding Airmen of the Year Banquet April 15 here.

Others who were recognized included Master Sgt. Kevin Monkman, as PACAF Senior Noncommissioned Officer of the Year, from Andersen Air Force Base, Guam, Tech. Sgt. Michael Harris, as PACAF Noncommissioned Officer of the Year, from Kadena Air Base, Japan, and Senior Master Sgt. Robert Altenbernd, PACAF First Sergeant of the Year, from Andersen AFB, Guam.

Gen. Paul Hester, PACAF commander, spoke at the banquet and expressed how proud he was of the award winners and their commitment to excellence.

Sergeant Tamayo did many things to set him apart from other PACAF Airmen.

He managed 16 construction contracts valued at \$60 million. He earned the John Levitow award at Airmen Leadership School, completed his Community College of the Air Force degree in contracts management and earned 21 credits toward his bachelor's degree. He was awarded the Military Outstanding Volunteer Service Medal for his work with the Big Brothers, youth soccer and homeless shelter programs. He was also the Hawaii Armed Services Soccer Champions team captain.

"Staff Sgt. Tamayo is dedicated to taking care of the mission and will stop nothing short of perfection," said Master Sgt. Brad Smith, 15th CONS. "Sergeant Tamayo represents everything good about the Air Force and is an invaluable member of the team."

Sergeant Tamayo will go on to compete at the Air Force level.



Photo by Mysti Bicoy

Gen. Paul Hester, Pacific Air Forces commander, awards Staff Sgt. Scott Tamayo, 15th Contracting Squadron, with the PACAF Airman of the Year award April 15.



Photo by Jerry "Monk" Banks

535th AS stands up

Lt. Col. Christopher Davis, right, receives the guidon from 15th Operations Group Commander Col. Jeffrey Fraser and assumes command of the 535th Airlift Squadron Monday.

Hickam honors fallen comrade

By Senior Airman Sarah Kinsman
Kukini Editor

Team Hickam members attended a memorial service for Army Sgt. 1st Class Andrew Perkins April 15 at the base chapel.

Sergeant Perkins was assigned to the Joint Prisoner of War/Missing in Action Accounting Command where he served for the past year as a mortuary affairs specialist and an assistant search and recovery team leader.

Sergeant Perkins' job took him to remote locations in Laos, Cambodia and Vietnam.

"His contributions to this unit were immeasurable," said Maj. Rumi



Courtesy photo

Sgt. 1st Class Andrew Perkins, JPAC, died in a motorcycle accident recently.

Nielson-Green, JPAC. "He was well respected and admired by all who worked with him."

Sergeant Perkins was born in Washington, D.C.

See COMRADE, A4

Returning AF members earn Bronze Star Medals

By 1st Lt. Craig Savage
15th Airlift Wing Public Affairs

Three 25th Air Support Operations Squadron members were awarded the Bronze Star Medal April 18 for their service during operations Enduring Freedom and Iraqi Freedom.

Maj. Gen. David A. Deptula, director of air-and-space operations for Pacific Air Forces, awarded the medals to Master Sgt. Kenneth Lindsey, Maj. Manny Martin and Capt. George Clifford during a ceremony held at the 25th ASOS headquarters at Wheeler Army Airfield.

"You exemplify the type of teamwork that goes on within the services on a daily basis," Deptula said.

Since the Sept. 11 terrorist attacks, the 96-member unit has received 13 Bronze Stars for service in Afghanistan and Iraq. Roughly nine more are being reviewed for consideration.

Last fall, members of the 25th ASOS took part in security

See BRONZE, A4

Security forces working dog's war wounds healing



By Lisa Wolverton
15th Airlift Wing Public Affairs

Breston, a 7-year-old Belgian malinois, never got a chance to do his job before the bomb he is trained to sniff out exploded, injuring his hind legs and temporarily putting him out of work.

But he is recovering well, said Tech. Sgt. Terry Armstead, Breston's handler of 18 months. Both dog and handler are assigned to the 15th Security Forces Squadron's military working dog section, which employs the noses of several dogs to sniff out explosives and narcotics.

Photo by Mike Dey

(Left) Breston, 15th Security Forces Squadron working dog, rests during training Tuesday. Breston was injured in Iraq late last year and is now back on the job at Hickam.

cotics.

Breston is trained to detect explosives, which he was on his way to do in October while deployed to Al Asad Air Base in Iraq, about 100 miles northwest of Baghdad, when he was injured. As Sergeant Armstead walked Breston toward a line of cars waiting to be searched prior to gaining entry to the base, he watched a taxi approach and get in line to enter the base, something not uncommon since many Iraqi policemen being trained on the base used taxis for transportation, Sergeant Armstead said.

What seemed like business as usual, though, quickly took a turn for the worse when the taxi driver pulled out of line, drove toward a group of Iraqi policemen waiting to be searched and

See DOG, A4

The golden rule of leadership

By Chaplain (Capt.) John Hubbs
51st Fighter Wing

OSAN AIR BASE, South Korea (AFP) – In most cases, what is considered legal isn't quite the same as what is considered ethical. In a Venn diagram (John Venn was a priest by the way), "legal" would be a larger area encircling the smaller area of "ethical." That which is allowed almost always includes a wider range of actions than that which is right. Ethical leadership concerns the message I write about.

Ethical leadership needs to be based on the same basic principle as ethical living in general. And the most classic of all principles for living is, "Do unto others as you would have them do unto you." But what does the golden rule look like when applied to leading others?

First, it will mean that care for the people I lead takes precedence over concern for my career. We often say that mission comes first, and in our business it must. Talk of the mission, however, is sometimes nothing more than rhetoric to validate demands that benefit self. A friend of mine was an annual award winning wing superstar. Because he produced results, I thought of him as a great leader. But after he left, the senior NCOs in the unit shared with me how miserable life had been under his leadership. My friend's award packages didn't state how many retirements and separations his leadership resulted in, but those effects of his leadership were just as real as the things for which he was honored.

An incredible example of care for people is found in the Hebrew Scriptures, Numbers Chapter 27. God repeats to Moses that, in punishment for what seems an extremely minor offense, he will not be allowed to enter the Promised Land. Imagine

being told, "You've led a nation out of slavery, won multiple battles and maintained a cohesive unit on a 40-year deployment to the desert, but because of that time you lost your temper, you're getting a 'Do Not Promote' on your performance report." In the face of this colossal personal disappointment, however, Moses' response is completely focused on his people; "Let the Lord, the God of the spirits of all flesh, appoint someone who shall lead them out and bring them in, so that the congregation of the Lord may not be like sheep without a shepherd." How much better would the greatest military in the world be if all its leaders adopted an attitude like that of Moses?

Leading by the golden rule will also mean valuing my people's ambitions as much as my own. In my days as a civilian pastor, I had a counselee who managed a local grocery store. He had begun working for the company in high school, and risen to the top through dedication and hard work. He continually complained to me about the poor work ethic of his youngest employees, until one day I pointed out to him something he hadn't considered. His teenage employees had no desire to work for Hy-Vee Foods their entire lives like him. He could not expect them to be motivated as he was when their ambitions were completely different. I suggested to him it was his job as manager to find out what their ambitions were and explain to how doing their best at Hy-Vee was relevant to their future.

I have seen the same issue in the Air Force. We sell young people initially on what the military will do for them (education benefits especially), but then expect an automatic buy-in to concepts like "needs of the Air Force" once they've enlisted. It is

probably more challenging now than ever before to accomplish the mission and still find ways to help our people attain their personal goals. However, if we ever want the second core value to be embraced (Service before self), we need to make sure our organization as a whole lives up to the first (Integrity first). A part of that is continually finding ways to motivate according to the promises someone made to them on behalf of the Air Force when they signed up.

Finally, I believe the golden rule will put a leader's concern for people over his or her need to be liked. The teachers I liked the best in high school are not the same ones I do in retrospect. Now I appreciate the ones who made me learn and who demanded my best. They aren't the ones who gave an easy "A." A leader genuinely concerned for others creates a supporting environment in which people are able to do their best and holds them accountable for actually accomplishing it.

I know a high school baseball coach who does this naturally. When a player is not performing well, his recurring admonition from the dugout is, "You're better than that." It's a simple phrase, but it epitomizes two critical messages he constantly delivers. One is, "I, your coach, believe in you," and the second, "I expect your best effort." His teams are almost always successful because he knows baseball, and his players know he cares about more than the score.

"Do unto others as you would have them do unto you." It may be entirely legal to do unto others as has been done unto you. What is simply within the rules isn't the golden rule, however. Greatness, especially among leaders, always adheres to a higher standard. "Ethical" leaders are those who go for the gold – the golden rule.

Hickam Voices

What quality of life item do you wish Hickam had that it doesn't have and why?



One thing truly is missing here ... a quality archery range. Unfortunately, the hunting here isn't so good, so it is critical for archery hunters to continuously use an archery range to hone their skills.

Capt. Tagg Timm
Pacific Air Forces



I would like to see wave runner rentals. Currently Hickam does not have this. I think it would be a great idea.

Senior Airman Gerald Seidel
15th Civil Engineer Squadron



Put more money into the community center. Pearl Harbor has some really nice recreation centers but many Airmen in the dorms don't have cars to get there. It would be nice to have a better recreation center.

Airman 1st Class David Brown
324th Intelligence Squadron



A satellite City Hall on base would be nice to take care of driver and vehicle paperwork like licenses, bus passes, tickets, etc.

Leslie Au
Pacific Air Forces



More varied eating establishment on base, i.e., a Mexican and/or an Italian food place. There's not many options on base.

Carol Takumi
Pacific Air Forces

Next week's question:

April 29: What is your favorite aspect of military life?

To respond to this question, send an email to hickam.kukini@hickam.af.mil with a response and phone number to contact you.

Action Line

The purpose of the Action Line is in its name. It's your direct link to me so we can work as a team to make Hickam a better community.

It also allows you to recognize individuals who go "above and beyond" in their duties – and we all know there are plenty of those folks here.

All members of Team Hickam are welcome to use the Action Line; however, I urge you to give the normal chain of command the first chance at resolving problems or issues. It's only fair to give our commanders and managers the first opportunity to work issues under their responsibility.

If you have done this and are still not satisfied, give my commander's Action Line a call.

If you would like me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response.

I'll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages

may also be sent by e-mail to 15aw.pal@hickam.af.mil.

COLA Concern

Question: Why is the overseas cost of living allowance so low here compared to a place like Japan?

Response: Overseas COLA is a supplement for uniformed service personnel designed to equalize purchasing power between members overseas and their CONUS-based counterparts. COLA is based on either an annual automated survey, which determines the cost of a market basket of goods and services or periodic individual surveys, which are conducted at least every three years to determine where military personnel do their shopping and how they allocate their purchases between local market and U.S. government shopping facilities. The amount of COLA for military personnel assigned to the island of Oahu is based on the outcomes of either of these surveys, which may cause the loca-



Photo by Mysti Bicoy

Col. William Changose, 15th Airlift Wing commander, congratulates the winners at the Pacific Air Forces Outstanding Airmen of the Year Banquet April 15.

tion's index to vary. There are several reasons why locations in Japan would receive higher COLA than Oahu. First, the cost to fill the typical market basket of goods and services is probably higher. Next, members in Japan may be purchasing more goods on the local economy than in Hawaii. Finally, the COLA computation must take the strength of the U.S. dollar

against the Japanese yen, as this adds another unique variable into their COLA computation. The U.S. dollar continues to be weak against the yen, driving up Japan's COLA rates. The most important thing a military member can do to ensure he or she receives adequate COLA is to carefully and accurately complete and submit a COLA survey whenever asked to.

The Hickam Kukini is published by Honolulu Advertiser, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 15th Airlift Wing. This commercial enterprise newspaper is an authorized publication for members of the U.S. military services. Content of the Hickam Kukini does not necessarily represent the official views of, or endorsement by, the U.S. government, the Department of Defense or the U.S. Air Force. The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or Honolulu Advertiser of the products of services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. Editorial content is edited, prepared and provided by the 15th Airlift Wing Public Affairs office of Hickam AFB, Hawaii. All photographs are Air Force photos unless otherwise indicated. Correspondence may be sent to 15thAW/PAI, 800 Scott Circle, Hickam AFB, HI 96853-5328.

Hickam Kukini staff449-6662
E-mail addresshickam.kukini@hickam.af.mil

Fax449-3017
Kukini Onlinewww2.hickam.af.mil/wingpa/news.html
Advertising521-9111
Hickam Straight Talk Line449-6789

Hickam Kukini Editorial Staff

Col. William ChangoseCommander, 15th AW
Capt. Patricia Teran-MatthewsChief, Public Affairs
Tech. Sgt. Andrew LeonhardNCOIC, Internal
Tech. Sgt. Mark MunseyManaging Editor
Senior Airman Sarah KinsmanEditor
Joe NovotnyTechnical Adviser
Sueann CarterLayout/Design
Lisa WolvertonIntern
Sharee MoorePhotojournalist
Deadline for copy is noon Thursday for the following Friday's issue. Copy must be typed, double-spaced 12-point type, 300 - 350 words in length, and e-mailed to hickam.kukini@hickam.af.mil.

Crisis Response lines

Hickam Family Support Center
449-0300
Life Skills Support Center
449-0175
Law Enforcement Desk
449-6373
Base Chaplain
449-1754
Military Family Abuse Shelter
533-7125

Preparation key to success in deployments

By Tech. Sgt. Andrew Leonhard
15th Airlift Wing Public Affairs

During the next few weeks Team Hickam will be deploying around the world during the start of Air Expeditionary Force cycle 5/6.

The biggest concern for the installation deployment officer here is making sure people are legally ready.

“This is the key thing deployers can do to take care of their families until they return,” said Capt. Michael Blakely, base IDO from the 15th Logistics Readiness Squadron.

As the IDO, Captain Blakely keeps tabs on the pulse of the base’s deploying capabilities and uses the unit deployment managers to make sure everyone is ready to deploy.

After family concerns, the captain said legal readiness is the number one thing.

The legal office has about 30 to 45 people per week flowing through their office to complete wills, living wills and powers of attorney in preparation to deploy.

“People don’t understand the benefits of having a [will],” said Tech. Sgt. Jose Bautista, 15th Airlift Wing Judge Advocate office.

To help people understand the benefits and make sure they are legally ready to deploy, the JA team has a two-phase legal readiness program all inbound Team Hickam members must complete within 30 days of arrival to the base.

“Phase one is the legal readiness triage,”

he said. “This triage is designed to assess a member’s legal affairs based on their answers and determines if they are ‘legally deployable’ to receive a certificate.”

Those not eligible enter the second phase and must attend a briefing. During the briefing people are told about wills, health care documents, Service Group Life Insurance and powers of attorney.

“After the briefing the member must make a sound decision of their legal affair status,” Sergeant Bautista said.

Assisting members in preparation for deployment is the primary function of each unit’s deployment manager.

“The unit deployment manager is each unit’s focal point for deploying personnel,

unit commanders, and the base agencies involved in the deployment process,” he said. “They are the communication link between various base agencies and the deployer before, during, and after the deployment.”

Hickam is a point of embarkation for AEF 5/6. As the AEF evolves, the IDO believes the base role as an aggregation point for deploying forces will continue to grow in future deployments.

“In the future, our deployments will include active duty, Air National Guard, and Air Force Reserve personnel from Hickam,” Captain Blakely said. “We have already seen, and will continue to see, the process become more efficient and effective for all involved.”



Courtesy photo

Salute to troops

The Bishop Museum’s Salute to the Troops celebrates the men and women of the U.S. Armed Forces May 1 from 9 a.m. to 5 p.m. A fun-filled day dedicated to military personnel and their families with food, rides, games, hot rod and racing car displays from Hawaii Motor Speedway and Hawaii Raceway park and interactive activities, live entertainment, prize giveaways, and more. The museum is located at 1525 Bernice St. and admission is free for all military personnel and their family members with a valid military identification card. General admission is \$3 per person. For more information, call 847-3511 or visit www.bishopmuseum.org.

Grateful nation offers Guard, Reserve members new Tricare health plan

Homecoming is getting a little sweeter for thousands of men and women serving in the Reserves and National Guard.

Lt. Col. Sandy Raynor, commander of the Army Reserve’s 301st Military Intelligence Battalion in Phoenix, returned from an overseas Reserve deployment almost two years ago, and her husband, Chief Warrant Officer Five Jeff Raynor, recently returned from Afghanistan. They both will be eligible for the new Tricare Reserve Select program, a health care plan designed especially for returning service-members that launches Tuesday.

The TRS program is a grand homecoming welcome, said Raynor.

“TRS is good for Reserve families,” she said. “These types of benefits help provide stability in health care, allowing families to stay with the same providers and receive continuity in care.”

TRS is a necessity in today’s world

“Today’s Guard and Reserve members are spread throughout the entire country and not necessarily located near military facilities that have treatment facilities,” Raynor said. “It’s good that there are health care options for us, especially when we come back from deployment.”

A grateful nation thought so, too, and Congress last October overwhelmingly authorized the new health care program for those released from active duty and who continue membership in the Reserves or National Guard.

Reserve and National Guard members are eligible if they have been on active duty

at home or abroad on or after Sept. 11 in support of military operations, such as Enduring Freedom, Noble Eagle, and Iraqi Freedom.

TRS is affordable

Monthly premiums are more than comparable with civilian health care plans. For calendar year 2005, premiums are \$75 for individual coverage and \$233 for family coverage.

Purchasing the TRS health care plan is a three-step process and there’s a time limit to get on the program. Visit www.triwest.com and <https://www.dmdc.osd.mil/GuardReservePortal> for full explanations of the TRS program.

Since Congress adopted the National Defense Authorization Act establishing TRS, among other health care initiatives, the drive to implement this new program by the Department of Defense and the Military Health System has been unrelenting.

TriWest Healthcare Alliance, which administers the Tricare program for the West Region serving states west of the Mississippi River to Hawaii and Alaska, is prepared to provide access to health care under the TRS program.

“We are committed to serving this most deserving population as they take advantage of this needed and necessary program,” said TriWest President and CEO David McIntyre Jr. “All of us at TriWest share our nation’s gratitude for the fine and dedicated service of these special men and women.” (Information courtesy of TriWest Healthcare Alliance.)

Governor Lingle to review Hawaii JROTC Cadets

By Sara Fishburn
U.S. Army, Pacific Public Affairs Office

More than 800 Hawaii students from high schools on four islands will participate in the annual Junior Reserve Officer Training Corps parade and awards ceremony on the historic Palm Circle Parade Field. The ceremony begins at 10 a.m. Thursday and is expected to conclude at 11 a.m. The public is invited to attend.

Gov. Linda Lingle will present the JROTC Appreciation Day Proclamation and awards to the outstanding cadet from each unit. Lingle and ceremony host Lt. Gen. John M. Brown III, Commanding General, U.S. Army, Pacific will participate as the reviewing officers for the parade.

The students are cadets from the Army, Air Force, Navy and Marine JROTC programs in the state.

“This is the highlight of the year for JROTC units in Hawaii,” said retired Army Lt. Col. Ralph Simmerman, JROTC program manager for the state Department of Education. “About 100 of these cadets have parents or family members who are currently deployed or have recently returned from serving our armed forces in places like Iraq and Afghanistan in support of our Nation’s Global War on Terrorism,” Simmerman said. “There is a tremendous sense of pride among all of our cadets, and their families.”

During the ceremony, awards will be presented to the outstanding cadet from each unit, including 19 from Oahu and seven from neighbor island high schools.

An audience of relatives, friends, educators, military and civic leaders will witness the ceremony and enjoy the music of the 25th Infantry Division (Light) Band.

The 2005 Outstanding Cadet awardees: Aiea High School Outstanding Air Force JROTC Cadet – Cadet Colonel Jessica E. Rogers; Baldwin High School Outstanding Army JROTC Cadet – Cadet Major Diana A. Gomez; Campbell High School Outstanding Navy JROTC Cadet – Cadet Ensign Jerel D. F. Bersalona; Castle High School Outstanding Marine Corps JROTC Cadet – Cadet First Lieutenant Danika Globokar; Damien High School Outstanding Army JROTC Cadet –

Cadet Colonel Daniel Merucci; Farrington High School Outstanding Army JROTC Cadet – Cadet Major Teofilo B. Rellesiva Jr.; Hilo High School Outstanding Army JROTC Cadet – Cadet David E. Minaai; Kahuku High School Outstanding Army JROTC Cadet – Cadet Captain Ebet Feliciano; Kailua High School Outstanding Air Force JROTC Cadet 2005 – Cadet Lieutenant Colonel Kalani Kaanaana; Kaimuki High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Sachini Guruluwana; Kaiser High School Outstanding Air Force JROTC Cadet 2005 – Cadet Lieutenant Colonel Aukai Arkus; Kalaheo High School Outstanding Navy JROTC Cadet 2005 – Cadet Commander Marco L. Anich; Kapaa High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Crystal Dawso; Kealahou High School Outstanding Army JROTC Cadet 2005 – Cadet Major Michael Yamashita; Konawaena High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Jonah Cazimero; Leilehua High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Peter Sauve; McKinley High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Daisy V. Dulatre; Moanalua High School Outstanding Air Force JROTC Cadet 2005 – Cadet Major Jordan Aguilar; Nanakuli High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Sarah R. H. Matsumura; Punahou School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Lauren Okada; Radford High School Outstanding Navy JROTC Cadet 2005 – Cadet Commander Melanie J. Leonard; Roosevelt High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Easton S. K. Martin; Saint Louis School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Lorin McRae; Waiakea High School Outstanding Navy JROTC Cadet 2005 – Cadet Lieutenant Commander Christopher Lee Gorman; Waianae High School Outstanding Army JROTC Cadet 2005 – Cadet Colonel Nakita Nieves; Waimea High School Outstanding Army JROTC Cadet 2005 – Cadet Lieutenant Colonel Chanelle N. Briones.

Pedestrian safety key concern

By Vincent Duny
15th Airlift Wing Safety office

Picture this: A senior master sergeant and his two-year-old son were struck while crossing F Street and Hangar Ave. Investigation revealed the senior master sergeant failed to look for vehicles and just started walking since it was a designated crosswalk. Further investigation also revealed the motorist had been adjusting the radio at the time of the mishap.

Although this mishap never occurred it could in the near future if pedestrians and motorists do not share the proper duties when sharing the road.

The Department of Transportation, State of Hawaii and the 15th Airlift Wing Safety office offer the following safety rules for both pedestrians and drivers.

Pedestrians:

- Cross only at crosswalks.
- Obey all traffic laws and signals.
- Always face traffic when walking on the road.
- Never enter the street or crosswalk unless

vehicles have come to a complete stop.

- Always make eye contact with the driver and acknowledge the driver with hands gesture to acknowledge.
- Before crossing the street, always look both ways for vehicles, especially for those that may be turning.
- Keep looking out for traffic while in the crosswalk. Vehicles approaching the crosswalk from a parallel lane may not be able to see pedestrians.
- When walking during hours of darkness, always wear white or light color clothing.

Drivers:

- Stop to let pedestrians cross after seeing them waiting to enter a crosswalk.
 - Always be aware of another vehicle stopped at a crosswalk, especially one that is located at mid-block, and be prepared to stop.
 - Always make eye contact with pedestrian and signal them to cross by waving a hand.
- Sharing the road and obeying these simple rules will keep all those who use Hickam’s roads safe, healthy and happy. For traffic assistance on base, contact the safety office at 449-SAFE.

Family advocacy offers help for parents

By Lorraine Clark
Hickam Family Advocacy Outreach manager

Get up.
Get dressed.
Don’t dawdle.
Do your homework.
Eat.

There are so many things parents must get their children to do and so many things they must stop them from doing. Parents can get their children to cooperate and at the same time allow them to learn self-discipline and develop good decision-making skills by offering choices.

Giving children a choice is a very powerful tool that can be used with toddlers and teenagers.

This is one skill that every parent should have tattooed on the back of his or her hand as a constant reminder. Parents should use this skill every day, many times a day. Giving children choices is a very effective way to enlist their cooperation because children love having the privilege of choice. It

takes the pressure out of the parent’s request and allows a child to feel in control. This makes a child more willing to comply.

Using choice is an effective way to achieve results, and when parents get in the habit of offering choices they are doing their children a big favor. As children learn to make simple choices, such as milk or juice, they get the practice required to make bigger choices, such as buy two class T-shirts or one sweatshirt, which gives them the ability as they grow to make more important decisions, such as save or spend; drink beer or soda; study or fail. Giving children choices allows them to learn to listen to their inner voice. It is a valuable skill they will carry with them to adulthood.

Parents should offer choices based on their child’s age and their intent.

A toddler can handle two choices, a grade-school child three or four. A teenager can be given general guidelines. Parents should only offer choices that will be

acceptable to them. Otherwise, they are not being fair. For example, a parent might say, “Either eat your peas or go to your room,” but when the child gets up off his chair, the parent yells, “Sit down and eat your dinner, young man!” So that wasn’t really a choice, was it? Here are some ways in which parents can use choice:

- “Do you want to wear your Big Bird pajamas or your Mickey Mouse pajamas?”
- “Do you want to do your homework at the kitchen table or the desk?”
- “Do you want to wear your coat, carry it, or put on a sweatshirt?”
- “Would you prefer to let the dog out in the yard or take him for a walk?”
- “What do you want to do first, take out the trash or dry the dishes?”

A typical problem with choices is the child who makes up his own choice.

For example, “Taylor, do you want to put on your pajamas first

or brush your teeth?” To which little Taylor answers, “I want to watch TV.” What to do? Just smile sweetly and say, “That wasn’t one of the choices. What do you want to do first, put on your pajamas or brush your teeth?”

If a child is still reluctant to choose from the options that are offered, then the parent should ask, “Would you like to choose or shall I choose for you?” If an appropriate answer is not forthcoming then the parent can say, “I see that you want me to choose for you.” Then follow through. Make a choice and help the child – by leading or carrying him – so that he or she can cooperate.

Parenting Made Easy – Using the Right Tools

A great way to learn this technique and others is to enroll in a parenting class. Parenting classes are designed to assist parents in acquiring tools that can help with parenting and reduce frustrations.

So often, parents are frustrated because they are trying to parent

the child they dreamed of having instead of the child they have. Children are different. The principals of parenting do not change, but how parents apply those principles to their individual child will vary.

When children misbehave it is not because they have “bad” parents; it’s mostly due to ineffective parenting roles. When a parent learns effective parenting roles, their child will learn to manage their emotions, take responsibility for their behaviors and learn valuable problem-solving skills.

Contact Family Advocacy at 449-0175 to sign up for the total transformation parenting program. This is a four-week class that will be offered every Monday in May, beginning May 2, from 11:30 a.m. to 1 p.m. and every Thursday in May, beginning May 5, from 2:30 to 4 p.m. All classes will be held in the life skills classroom in 1105.

COMRADE, From A1

March 26, 1965, though he claimed Conroe, Texas as home. He began his Army career when he enlisted as a mechanized infantryman Jan. 1, 1990.

He served as a Bradley Fighting Vehicle Infantryman in Germany and then as a Army recruiter in Houston, Texas, before changing jobs to a mortuary affairs specialist. He then served tours in Camp Hovey, South Korea, and Fort Lee, Va. While he was at Fort Lee, he deployed to Riyadh, Saudi Arabia in support of Operation Iraqi Freedom, where he led recovery operations.

Sergeant Perkins distinguished himself on many occasions earning the Bronze Star, the Joint Commendation Medal, the Army Commendation Medal, the Army Achievement Medal with two awards and the Army Good Conduct Medal with five awards. He was selected for promotion to sergeant first class Dec. 16, 2004 and was promoted posthumously.

Sergeant Perkins is survived by his mother, Mary Perkins, father, Robert Perkins and three children, Cassidy, 11, Jessie, 9, and Justin, 7.

DOG, From A1

detonated a bomb in the car, killing himself and approximately a dozen Iraqi policemen, and injuring approximately two dozen others. The blast knocked Sergeant Armstead to the ground, and although he suffered a slight concussion, he was more concerned about the incident than his own welfare.

“I was more shaken up about the actual blast happening,” he said. “If we’d gotten within 15 feet of that car, we’d be dead.”

Also shaken was Breston. The explosion had

hurtled him into a concrete barrier, injuring his hind knees. After an examination, the on-site Army veterinarian recommended Breston be shipped to Lackland Air Force Base, home of the Department of Defense Military Working Dog Center, to be evaluated for arthroscopic surgery. But before that could happen, there was still a month left of his six-month deployment, and leaving early would create a workload hardship for the five

other handlers and their dogs since a replacement team could not be provided.

“For the remaining time I worked Breston as much as possible,” Sergeant Armstead said. “Some days I could take him to work and he wouldn’t limp, but other days he would limp so I couldn’t work him.”

In November Sergeant Armstead began his journey back to Hickam while Breston made his way to San Antonio for surgery,

where he remained until March. Upon his arrival home to Hawaii, Breston’s explosive training resumed alongside his rehabilitation regimen of uphill walking and swimming, and he is now back in action, finding the explosives he is taught to find.

Despite his near-complete recovery, Breston is no longer deployable. He can still do his job on Hickam and be taken on short TDYs, but not on long deployments.

BRONZE, From A1

urity measures to protect the inauguration of Afghanistan’s first democratically elected president.

Dec. 7, 2004, members took part as Joint Terminal Air Controllers (JTACs) and surveillance monitors embedded within the protection forces guarding President Hamid Karzai in Kabul, the capital of Afghanistan.

Sergeant Lindsey and Staff Sgt. Bobby Pena, an augmentee from the 3rd ASOS in Alaska, utilized the new Rover kits to view information fed to them from both Predator unmanned aerial vehicles and A-10 targeting pods. This information was delivered to the operation center coordinating the multi-



Photos by 1st Lt. Craig Savage
Left to right: Maj. Manny Martin and Master Sgt. Kenneth Lindsey are awarded the Bronze Star for their part in security measures to protect the inauguration of Afghanistan’s first democratically elected president.

national forces responsible for security and order in Kabul.

Last August, Major Martin coordinated 20 C-130 sorties moving 800 Afghan national army and coalition forces from Kabul to Shindand on western boarder of Afghanistan to gain control of

an airfield seized by Afghan warlords.

Captain Clifford was the senior ranking forward air controller for a southern portion of Afghanistan. He orchestrated attacks using A-10 Warthogs, B-52 Buffs, and B-1 Lancers.

NEWS NOTES, From A1

Air Force Education Needs Assesment Survey at <https://afvec.langley.af.mil>. This survey is conducted annually to assess the educational needs of the base population and is used to measure satisfaction, quality, availability, delivery, service, and to gauge the effectiveness of on-base programs.

Blood drive – The 692nd Information Operations Group is sponsoring a blood drive Thursday from 9 a.m. to noon at the Hickam Community Center. Walk-ins are welcome, but appointments are encouraged. For more information or to schedule an appointment, contact Master Sgt. Roger Schult at 448-1447 or roger.schult@hickam.af.mil.

Craft fair – Hickam crafters are invited to participate in the 30th Annual Hickam Spring Craft Fair scheduled for May 7. Booth registration is now in progress and will continue through May 6. Reserve a space for \$65

for the day or share a booth with another crafter for \$85. Items for sale must be handcrafted by the vendor and samples of the items are to be screened at registration so bring some samples. Everyone is invited to the fair including civilian crafters. Civilian vendors without base access may register by mail. For more information or to email application requests, call Natalie Keany at 449-1568, ext. 101 or email natalie.keany@hickam.af.mil.

Housing hours – The Hickam Housing Office will have new hours of operation beginning May 2. The new hours will be Monday through Friday 7:30 to 11 a.m. and noon to 3 p.m.

Phone number change – Due to technical difficulties, the phone number for the Air Force Office of Special Investigations Detachment 601 will not be changing. The number will remain 449-1680.



Intoxi-can't

An active duty Air Force member notified security forces about his troop performing official duties while under the influence of an intoxicating substance. The supervisor requested security forces to conduct a breath alcohol test which the subject failed. A report was filed.

Crime doesn't pay, either

A civilian guardian was detained by Army Air Force Exchange Service store detectives for shoplifting. They were processed and eventually released. Total cost of stolen merchandise: \$158.

See above

A military family member

was detained by Army Air Force Exchange Service store detectives for shoplifting. They were processed and eventually released. Total cost of stolen merchandise: \$14.

Misery loves company

A supervisor reported an employee operating the base shuttle while under the influence of an intoxicating substance. The supervisor requested security forces to conduct a breath alcohol test which the subject failed. A report is pending.

One more time

Two military family members were detained by Army Air Force Exchange Service store detectives for shoplifting. They were processed

and eventually released. Total cost of stolen merchandise: \$60.

Rocked at J.R. Rockers

A retired Air Force member notified security forces about a verbal altercation at the enlisted club. Both subjects were charged and released.

One last time

A military family member was detained by Army Air Force Exchange Service store detectives for shoplifting. They were processed and eventually released. Total cost of stolen merchandise: \$192.

Repo-roommate

A civilian visitor notified security forces about her vehicle being stolen while parked at the fitness center.

Further investigation revealed her roommate used a spare key to acquire the vehicle because of payment issues. A report was filed.

Smash-n-grab

A civilian contractor notified security forces about her vehicle being broken

into while parked at Bldg. 2155. A license plate, registration and safety check paperwork were taken. A report was filed.

Just plain smash

An active-duty Army member called security forces requesting immediate assistance. The member reported his privately owned vehicle being damaged. Estimated cost of damage: \$500. A report was filed.

Once is an accident, twice is a trend

A retired Air Force member notified security forces about his privately owned vehicle being damaged while parked at the commissary. A report was filed.

Out late, a little too late

A military family member was detained security forces for violating the Hickam curfew policy. He was processed and released to his sponsor.



Editor's Note: To read the complete stories and find more Air Force News, go to www.af.mil.

Airmen disciplined for AFIM misuse

WASHINGTON – Air Force officials are taking a hard look at the misuse of the Air Force Instant Messenger service on Air Force Portal.

Airmen were found violating standards of conduct prompting officials to clarify responsible communication over the service.

“Air Force Portal users took offense to the inappropriate comments made by 11 individuals and reported the misuse to local helping agencies,” said Maj. Anthony Sansano, Air Force military equal opportunity chief. “It’s a readiness issue. Unprofessional communication is contrary to good order and discipline and counterproductive to mission accomplishment.”

Of the 11 Airmen reported, six have received some form of administrative or disciplinary actions. One Airman received a letter of reprimand, an unfavorable information file and was removed from command on the basis of inappropriate dialogue in a chat room. Five Airmen received actions ranging from a verbal counseling to letters of reprimand, and five others are still pending actions.

The growth of the instant messenger in civilian society has developed an “anything goes” culture where people may say and do things they would not do in person, said Maj. David Gindhart, Air Staff lead for the Air Force Portal. *(Story by Master Sgt. Mitch Gettle, Air Force Print News)*

Language latest weapon in America’s 21st century arsenal

WASHINGTON – Despite the tremendous advances in military hardware and technology on display in the war on terrorism, there are still some capabilities only humans can provide.

That was the thinking behind a new initiative to

improve foreign language and cultural expertise at the Defense Department, said a top DOD official who stressed the importance of language in worldwide military operations.

“Language has always been important in the Department of Defense,” Dr. David S.C. Chu said, “but it is particularly important now, because we are operating in parts of the world where English is not widely spoken, where we need to work with local leaders and local populations, and where we need to understand more about their culture.” Dr. Chu is undersecretary of defense for personnel and readiness.

“We simply must develop a greater capacity for languages that reflect the demands of this century,” Defense Secretary Donald H. Rumsfeld said in announcing the Defense Language Transformation Roadmap on March 30. “No technology delivers this capability; it is a truly human skill that our forces must have to win, and that we must have to keep the peace.”

The roadmap “is a commitment to our men and women that they will have that skill and ability,” Secretary Rumsfeld said.

Translators acting as go-betweens are not the whole solution, Dr. Chu said.

“We need to communicate better,” he said, “and while you can always do that through translators, a great deal, as we used to say, gets ‘lost in translation.’”

Dr. Chu praised the Defense Language Institute in Monterey, Calif., for instilling a good reading and listening capacity in its foreign-language students in a year to 18 months.

“It’s a terrific program,” he said, “but, it’s not enough. It doesn’t take people as far as we now need them to go.

Department officials are beginning a new effort to broaden language competency within the military ranks and challenge more officers and enlisted people to develop language skills, Dr. Chu said. *(Story by Terri Lukach, American Forces Press Service)*



Photo by Staff Sgt. Joanna E. Hensley

Take cover

ELLSWORTH AIR FORCE BASE, S.D. – Airman 1st Class James Temple takes cover during a simulated attack on Monday. The 28th Civil Engineer Squadron Airmen participate in convoy training to prepare for upcoming deployments.

Officials expand existing whistleblower protections

WASHINGTON – Blowing the whistle on waste, fraud and abuse at work seems like the last thing workers would do if they wanted to keep their jobs and advance their careers.

But that is exactly what servicemembers and federal civilian employees are required by executive order to do, and officials at the Office of Inspector General have bolstered protections offered to ensure they do not suffer reprisals on the job as a result.

Federal laws protect so-called “whistleblowers” from adverse personnel actions they could feasibly suffer when reporting abuses within their organizations: getting fired, losing out on promotions or getting shuffled to lesser jobs. These laws also protect against less dramatic but equally career-damaging actions, from receiving bad evaluation reports or letters of counseling to getting temporarily suspended without pay.

New policies adopted by the Defense Department on Jan. 7 broaden those protections even further, said IG officials.

Whistleblowers within

the department are now protected from having their security clearances revoked or tampered with as a result, officials said.

The new provisions also offer first-time protections to civilians of DOD’s intelligence community involved in whistleblowing activity. Previous protections for these employees were limited to reports made directly to Congress or reports involving violations of civil liberties.

Hollywood lionizes the lone employee who stands up to large corporations or bureaucracies to point out misdeeds or out-and-out crimes. Time magazine put three whistleblowers on its cover in 2002, heralding

them as “persons of the year.”

Yet despite federal protections, some people who report abuses within their organizations say they suffer reprisals as a result.

M. Jane Deese, director of the DOD Inspector General’s military reprisal investigations office, said she receives hundreds of reports a year of these incidents. And while the vast majority of these claims turn out to be unsubstantiated or not covered under whistleblower-protection laws, as many as 100 a year do, she said.

The Inspector General’s most recent Semiannual Report for Transmission to the Congress included three examples of substantiated whistleblower-reprisal cases between April 1 and Sept. 30, 2004. *(Story by Donna Miles, American Forces Press Service)*

Course helps Airmen get combat ready

SHEPPARD AIR FORCE BASE, Texas (AFPN) – Airmen graduating from the fuels apprentice course are now two to three months closer to combat-ready status after arriving at their first base, said course instructors here.

Students are learning how to set up a mobile gas station and other duties during a new seven-day contingency course, said Staff Sgt. Michael Ostrander, an instructor with the 366th Training Squadron. *(Story by John Ingle, 82nd Training Wing Public Affairs)*

What’s new at Ping

The Mamala Bay Golf Course Pro Shop will host a “What’s New at Ping” event Saturday from 10 a.m. to 3 p.m. Come check out the latest and greatest from one of golf’s top manufacturers at this free demo day. Call 449-2047 for information.

April’s Kids Night Out

Spring fitness is the theme of “April’s Kids Night Out” at Kidsports which will be held Saturday for children 5 to 12 years old. Races, obstacle courses and other sporting events are scheduled from 6-11 p.m. Dinner will be served along with a movie and snack to end the evening. The cost is \$15 per child. Call Kidsports at 448-6611 for information and reservations.

A great day at Kaneohe Bay

Explore the ‘Hat’ with Hickam Outdoor Recreation Saturday. The ODR staff will transport you to Kualoa Point on the Windward coast for a great day of kayaking in Kaneohe Bay and Chinaman’s Hat Island. Included will be a hike up the Chinaman’s Hat and exploration of a lava cave. The \$40 per person charge includes roundtrip transportation from Hickam and all rental charges. Participants should bring lunch, water and sunscreen. Contact ODR at 449-5215.

Administrative professionals day

Make plans now to honor those special people who

make it all happen at your workplace. The Hickam enlisted club, the officers’ club and the Sea Breeze Restaurant are planning a special lunch for “Administrative Professionals Day” Wednesday. The enlisted club is featuring a lunch buffet of seafood lasagna, chicken with peppercorn sauce,



London broil, kalua pork and salmon with dill sauce. The officers’ club will serve turkey, teriyaki chicken, kalua pork and all the trimmings. The Sea Breeze “Administrative Professionals Day” will be celebrated all week with its traditional buffet lunches. Call the enlisted club at 449-1292, the officers’ club

at 448-4608 or the Sea Breeze at 449-9900 for reservations.

Hickam Invitational 54-Hole Golf Tournament

The signup deadline for the annual Hickam Invitational 54-Hole Golf Tournament is Monday. The tournament is May 6 through May 8 and is open to military ID card holders and civilians. The tourney format is stroke play and includes four flights; Championship, Alpha, Bravo, Senior and Super Senior. Merchandise certificates will be awarded throughout each flight. Entry fee is \$115 for military and \$145 for civilians. Call the Pro Shop at 449-2047 or 449-2525 for reser-

vations and information.

Bowling ball giveaway

The Hickam Bowling Center is giving away a brand new “American Pride” bowling ball Thursday. Bowl three games and receive four free draw entry forms. The more you bowl, the more chances you have to win. The winning ticket will be drawn at 9 a.m. at the center. Participants do not need to be present to win. Call the bowling center at 449-2702 for details.

Butcher’s Choice Night

Butcher’s choice is back at the enlisted club. Select the entrée of your choice and

See SERVICES, A8

SERVICES,
From A7

the enlisted club staff will cook it to your liking on the spot. The popular program offers top quality cuts of meat and seafood on April 29 starting at 5:30 p.m. For information about Butcher’s Choice Night or other Enlisted Club programs, call 449-1292.



Scrapbook club

The Community Center’s Scrapbook club meets April 29 for an evening of scrap-
ping from 5 to 9 p.m. The club is a place to learn and share ideas about scrapbook-
ing and to meet new friends. Cost is \$10 per person. Call the Community Center at 449-2361 for information.

Scuba Sale

The weekend scuba sale at the Hickam Dive Center is April 29 through May 1. The center will be open from 6 a.m. to 6 p.m. each day of the sale and will feature the new product line from Cressi. HDC also conducts two scuba diving trips every day, so stop by and sign up. For information, call 423-8222.

Haunted Honolulu

Do you believe in ghosts? Teens, 13 to 18 years old, can explore the possibilities April 30 when the teen center con-
ducts its “Haunted Honolulu” tour. Teens will check out suspected ghost haunts throughout Honolulu from 6 to 11 p.m. For infor-
mation and to sign up, call the teen center at 449-2233.

Free fun for Hickam youths
Operation Cope Deployment offers Hickam

youth free fun! OCD is a quality of life outreach initia-
tive meant to ease the stress-
es of deployment for children of deployed parents. Youth ages 5 through 12 and teens ages 13 through 18 will be offered the chance to take field trips, join in discussions about deployments and partici-
pate in activities through-
out the month of May. Join the community center and the outdoor recreation program May 1 from 1 to 5 p.m. at the Hickam Harbor for a kickoff barbeque where youth may sign up for free field trips.

OCD offers a trip to Kualoa Ranch May 7 for 5 to 12 year olds for a day of shrimping, snorkeling, kayaking and beach activi-
ties. May 14, teens will be invited to view the dolphins at Makaua Beach and kayak. A trip to the Polynesian Cultural Center is planned for youth 5 to 12 years old May 21 for an educational field trip featuring the Polynesian culture. Teens can participate in a Diamond Head crater hike and boogie boarding at the beach May 21. Field trips are free for dependents of deployed fami-
lies. Program t-shirts and lunch will be provided. Call the community center at 449-2361 for information.

All day family event

The 30th Annual Hickam Spring Craft Fair and Family Fun Day will be May 7 from 9 a.m. to 3 p.m. at the Arts and Crafts Center on Kuntz Avenue. More than 100 craft vendors will be on hand with a wide variety of handmade crafts. There will also be craft demonstrations, live entertainment, food and the 4th Annual Dog Show. This is an all day family event. For information, call 449-1568 or visit the Hickam Arts and Crafts Center in Bldg. 1889 on Kuntz Avenue.

Semiannual scuba sale
This semiannual island divers Hawaii sale will be

held from noon to 6 p.m. April 29 through May 1 at Pool 1. Everything will be on sale from scuba gear sets, accessories and dive classes. For information, call 423-8222.



Scrapbookers night

The Arts & Crafts Center is hosting Scrapbookers Night Thursday from 5:30 to 9:30 p.m. This is another chance to join in and partici-
pate in one of the nation’s top new pastimes.

All participants will receive 15 percent off all scrapbooking supplies pur-
chased from the store, and there will be special draw-
ings and free food. Call the center at 449-1568 for details.

Bowl turning classes

Some of the most beautiful wooden bowls are made here in Hawaii. Learn how to make one and take the mas-
terpiece home when finished. The Hickam Wood Shop conducts bowl turning class-
es Mondays from 6 to 9 p.m. Experience PACAF’s best equipped wood shop and learn a skill that will last a lifetime. For information on the bowl turning class or other wood shop programs, call 449-1582.

Alaska cruise

Travel to Alaska Sept. 16-25 for a memorable cruise on the Inside Passage. Explore the rugged south central coast of the Gulf of Alaska with its snow-capped moun-
tains and rivers of ice aboard Holland America, which fea-
tures a smaller ship, bigger staterooms and more crew

members per guest than any other cruise line. Start saving now for this unforgettable cruise. Call ITT at 423-0275 for a detailed itinerary and information.

Prospective child care providers

A pre-licensing briefing for prospective child care providers is held the first Thursday of each month from 5 to 6 p.m. at the Family Child Care office located adjacent to the auto resale lot in Bldg. 2116. The next briefing will be held May 5. Applicants must be base residents, 18 years old, and a high school graduate, able to read and write English and pass a National Security check. Call the Family Child Care office at 449-1879 for full details. Please note that all persons caring for other families’ children for a total of 10 hours or more per week must attend this briefing and get a license.



Early week golf special

Golfers, take advantage of the “Early Week Special” at the Par 3 Golf Course during the month of April. Play nine holes and get a second round of nine holes at half price.

This chance to perfect the short game is valid Mondays from 6:30 a.m. to 4 p.m.; Tuesdays from 1 to 8 p.m. and Wednesdays from 6:30

a.m. to 4 p.m. This is a limited time offer and is not valid on AF ‘down’ days or holi-
days. The second round of golf must be played on the same day. For details, call 449-2093.

Surfboard rental

The Hickam Recreational Rental Shop is offering a surf board special for April. Rent one surfboard (Monday through Thursday) and get a second surfboard rental for half price! This is an excel-
lent chance to practice Hawaii’s number one sport! Call 449-6870 for infor-
mation.

Kids bowling special

April is the “Month of the Military Child” and the bowling center has a special for the kids. Kids, ages 5-12, can bowl daily for \$1 per game.

The special will run throughout the month and is available Mondays, Tuesdays and Thursdays from 10 a.m. to 4 p.m. and Wednesdays and Fridays from 9 a.m. to 4 p.m. For more information, call the bowling center at 449-2702.

Mongolian BBQ

Mongolian barbecue is back Thursday nights at the Hickam Officers’ Club with its unique style of cuisine – enjoy it on the refurbished lanai! The barbecue starts at 5:30 p.m. and offers a wide array of choices of vegeta-
bles and meats. Plan to be early to this popular dining event. Call 448-4608 for details.

Birthday parties

Looking for a special birthday place? Birthday party reservations are avail-
able at the Hickam Bowling Center for children 12 and under for the price of \$7.50

per child.
Birthday packages include two games of bowling, shoe rental, one hot dog or two mini cheese or pepperoni pizzas and a bag of chips. For reservations or information, call 449-2702.

Customized exercise program

Personal training offered at the Hickam Fitness & Sports Center provides a customized exercise program geared to your goals, needs and time constraints. PT also provides basic nutrition guidance to supplement your fitness pro-
gram and round out a healthy lifestyle. PT offers enrollment and personalized support through FitLinxx and is avail-
able in several programs start-
ing at just \$30. Call 449-1044 for information.

Safety inspections

Hickam Auto Center is the no-hassle place to get a state safety inspection. Drop off your car or wait for one of the certified inspectors to check a vehicle. No long lines or appointments required. Customers should bring their original insurance card and vehicle registration (No faxed or photocopies are accepted). Save \$3 by using the coupon from the April issue of Inside Services Magazine. Call 449-2554 for more information.

Youth photo contest

Calling all young photogra-
phers! The Boys & Girls clubs of America Image Makers Photography Contest encour-
ages youth ages 6 to 18 years old to learn and practice black and white, color and digital process photography. Start clicking a camera and enter photographs at the Hickam Teen Center. For more infor-
mation, contact the teen center at 449-2233.